
COMPLETE SUMMER 2019 SHOE CHECKLIST

What pair of shoes do you find yourself wearing over and over again during the summer? I particularly find myself loving my mules this summer. What I love about my mules and other summer sandals is that a good pair will be suited for just about every occasion. I will also discuss white sneakers in this post because it is such a summer shoe staple as well.

Statement sandals

Any statement piece such as a colorful belt, an animal print shoes, a colorful top or handbag add attraction, excitement, attractive, to any simple outfit. Your statement piece doesn't always have to bright, but it is an eye-catching piece ordinarily what people notice first about your attire. I started with statement sandals because these are the ones you often see when you open your Instagram app or youtube as they are trending. What I love about the snake print trend is that it's a beautiful neutral piece that you can pair with so many other colors and even other prints. The neon shoes are fantastic pieces to add a pop of color to any outfit.



Mules

One of the popular shoes we have seen in 2019 is the mule. A Mule is a style of shoe that lacks in back or restraint around the heel of the foot, making it look somewhat like a fancy slipper. Mules can be traced back to Ancient Rome, and they became trendy during the 16th century in Europe. At that time mules weren't worn in public; they were bedroom slippers as we can see today mules have changed in style and design. They are no longer just bedroom shoes; you can now wear them any day and to any event depending on the model.



Flat sandals

We have seen so many version of simple flat sandals over the years that aren't flip flops and aren't heels. These are the sandals that you can dress up enough to go to brunch or dinner or you can dress down with jeans. In 2019 we see a lot of clear, strappy, ankle strap, and tie up designs — whichever style of flat sandals suits your style will look great with any of your summer outfits.



Espadrilles

The name espadrille is descended from the word esparto and can be dated back to the 13th century. Esparto refers to the plant that makes up the sole of the shoe. I love these shoes because they are functional and comfortable.



Stiletto sandals

A stiletto is named after the stiletto dagger and can be dated back to the early 1930s. It makes sense why it is named after dagger since a stiletto is a long, thin, high heel. When we think of stiletto, we usually think of the 4 inches Louboutin, but stiletto varies in length to fit a variety of taste. Most stilettos have length 2.5 cm or 1 inch to as high as 25 cm or 10 inches and can be higher if a platform sole is added. Kitten heels are Stiletto-style heels 5 cm, 2 inches or shorter.



Block heel sandals

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Slides/Slippers

A slide can be described as a backless, open-toed shoe that is easy to slide on and off the foot without any toe or ankle straps. Slides range from a variety of designs; it can have a single or multiple strap that over the center top part of the shoe. The straps of the slides can be a thick, thin, woven, braided, twisted or knotted. The straps over only a small part of the foot or it can cover the entire foot from the toe to the ankle. Slides are available are made in a variety of style and designs. Slides can be casual, dressy, flat or consist of a heel similar to a mule.



White Sneakers

Sneakers have been around for years. In the late 18th century, people wore shoes with rubber-soled called plimsolls. About 1892, the U.S. Rubber Company launched much more comfortable rubber sneakers with a canvas top and called them called Keds. By 1917, Keds sneakers began to be mass produced.

That same year 1923, Marquis Converse produced the first shoe that was made just for basketball and called them Converse All-Stars. In 1923, an Indiana hoops star named Chuck Taylor endorsed the sneakers, and then they became known as Chuck Taylor All-Stars. No one knew these would become the best-selling basketball shoes of all time.



Flip Flop

This may or may not surprise you, but flip-flops dated back to 4,000 B.C. and were the primary form of footwear for inhabitants at that time. Early versions of the flip-flop sandal were made using rudimentary tools. Ancient Egyptians created their sandals using only papyrus and palm leaves, and Africans used rawhide. Indians made their sandals out of wood. Chinese and Japanese people used rice straw. The Ancient Greeks created straps that were worn between the first and second to while many other countries chose to craft flip-flops with a strap between the second and third, or third and fourth toe.



If you own at least one pair of shoe in each category, your summer shoe closet will be complete. Statement sandals to dress up your simple outfits, mules, flat sandals, stiletto sandals, flip flops, and sneakers. Do you have all of your summer shoes? Which ones are missing from your closet?